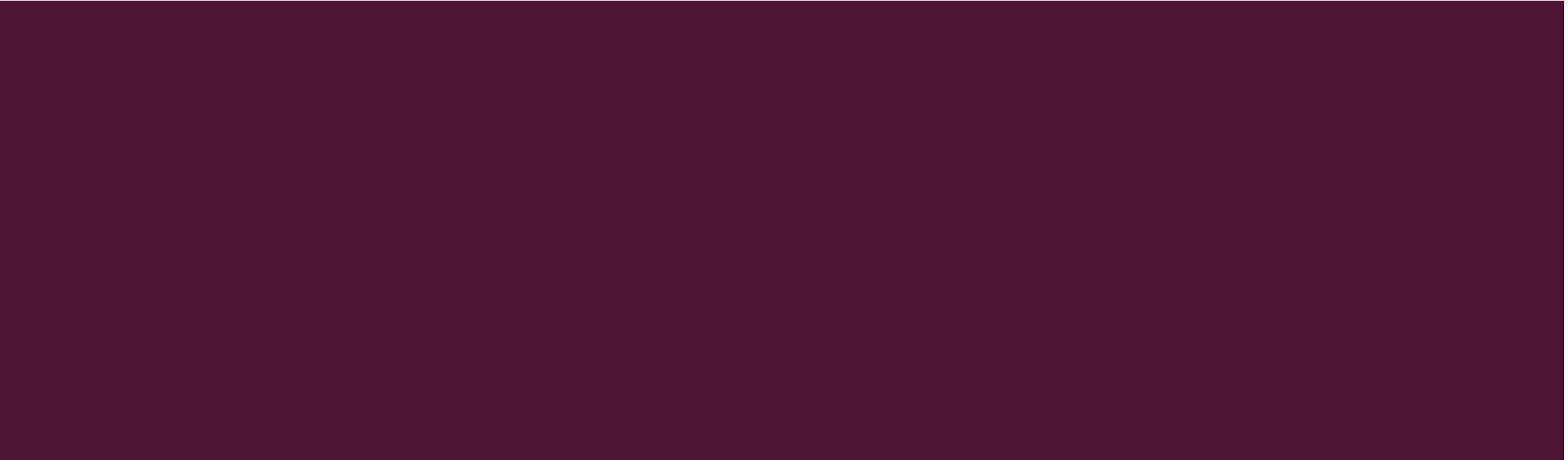
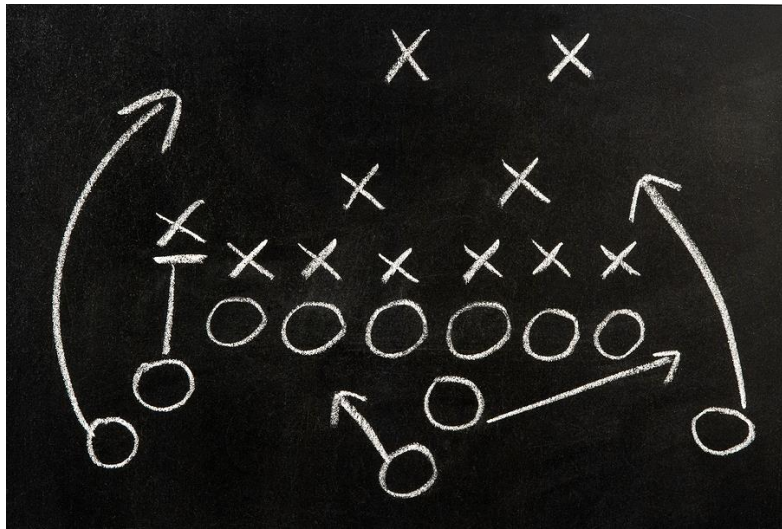




TREATMENT PLANNING



TREATMENT PLANNING



- Treatment planning is a blueprint, design, or projected strategy for behavioral improvement. It is the guide to a client's care.
- Plans should be updated anytime new information is gathered or a new problem is identified.
- Plans are individualized and subject to change at any time.
- Initial treatment plans are created upon intake.

STEPS TO PLANNING TREATMENT

1. List problem behaviors. Observable behaviors are listed separately in precise language. What prompted the admission, and what serves as criteria for discharge?
2. Create a problem statement. It should be unique to the client and helps staff detect behavioral changes.
3. State the patient's goal(s). Specify a time frame for each objective that leads to the goal. It should reflect the optimal result or expected condition.
4. Identify objectives—measurable behaviors that will eliminate or reduce the client's problem behaviors.
5. Determine interventions—specific approaches/methods that will be used to achieve objectives. It can be therapy, yoga, medication, etc.

TREATMENT PLANNING

Effective Treatment Plans are:

- ✓ Flexible/changeable
- ✓ Useful indicators of progress
- ✓ Realistic objectives
- ✓ Simple for everyone to understand
- ✓ Facilitate collaboration
- ✓ Support client's care needs
- ✓ Clearly identify interventions



TREATMENT PLANNING

Other elements of treatment plans:

- Include frequency of interventions and who will conduct them
- Provides target dates for completion of objectives
- Objectives determine whether a patient is permitted to discharge
- Referenced by the entire treatment team to determine actions
- Reviewed on a regular basis for compliance and to determine progress

TIPS FOR TREATMENT PLANNING

- List all problems. Those that cannot be addressed by our facility can be referred.
- Treatment plans should be completed within the first 7 days.
- Identify at least 3 problems, and provide at least 3 objectives for each problem.
- Make the plans as customized to the patient as possible.
- Remember to address any mental health issues or emotional areas.
- Treatment plans should be referred to when writing individual notes after a group therapy session.